

Which Do You Prefer?

It is important for reasons of health and practical economy for every housekeeper to ask herself this question:

"Do I prefer a pure baking powder like Cleveland's, made of cream of tartar derived from grapes, or am I willing to use a baking powder made of alum or phosphate, both derived from mineral sources?"

The names of the ingredients printed on the label show whether the kind you are now using or *any brand, new or old, that may be offered* is a genuine cream of tartar powder, or merely a phosphate or alum compound.

There is no alum nor phosphate in

CLEVELAND'S SUPERIOR BAKING POWDER
MADE FROM CREAM OF TARTAR
DERIVED FROM GRAPES

EAST DORSET

C. J. Copping was in Rutland Tuesday on business.

John Mason has moved his family to Danby.

Mrs. H. B. Kendall is visiting relatives from Albany, N. Y.

Mr. and Mrs. L. E. Wilson were in Rutland Tuesday evening.

Mr. and Mrs. Paul Landon are in Townshend visiting relatives.

Dr. Cochrane, Mrs. Sarah Cochrane and Mrs. Della Sears were in Rutland Tuesday.

Miss Lena Landon, who has been in Hanover, N. Y., for several weeks, returned home last Saturday.

Mrs. Helen Wilson went to Boston, Mass., today where she will spend the winter with her son, Geo. Wilson.

Mrs. Gilbert Brophy was in Manchester several days last week, the guest of her parents, Mr. and Mrs. W. G. Bebee.

Mrs. Grace Ames, who has been visiting friends here, returned to her home in Middle Granville, N. Y., last week Tuesday.

Mrs. Richardson and children, who have been the guests of Miss B. McLaughlin for several weeks, went to Boston, Sunday.

Mrs. Leo J. Abbott and daughter, who have been spending the summer at her home here, returned to Charlestown, N. H., last Saturday.

On Sunday Mr. and Mrs. J. M. Bebee and Mr. and Mrs. G. E. Sexton motored to Granville, N. Y., and were dinner guests of Mrs. Grace Ames.

Miss Wilhelmina Jones, who has been visiting her sister, Mrs. J. I. Cochrane, went to Baltimore, Md., Monday where she will spend the winter.

Mrs. John DeJordy had for guests last week, Mr. and Mrs. G. T. Tarnant of Ware, Mass.; Mr. and Mrs. Wm. Gannet and Mr. and Mrs. Harry Noyes and two children of Rutland.

At the Grange sociable and meeting held last week the following program was presented:

Reading: "Don't Trouble Trouble," by Miss Bertha Ames.

Vocal solo: "Marching Through Georgia," by James Gormley.

Reading: "Bardock's Music Box," by Miss Hilda Benedict.

Vocal duet: "It's the Three Leaves of Shamrock That's Calling Me Home," by Miss Etta Seymour and Clifford J. Copping.

Reading: "Candidating in Vermont," by Mrs. J. M. Bebee.

Vocal solo: "Beautiful Isle of Somewhere," by Wilmer Parkinson.

Reading: "Aunt Polly Green," by Mrs. Daniel Sheridan.

Solo: "Take Me to My Alabam," by C. J. Copping.

Reading: "Aunt Patience's Doughnuts," by Mrs. Frank Reed.

Solo: "People Will Talk," by J. M. Bebee.

Recitation: by Mrs. Mabel Herrick.

Solo: "A Little Bit of Heaven," by Mrs. E. L. Whitney.

Reading: "Samantha and Josiah Going on an Excursion," by Miss Lou Viall.

Piano solo by Miss Helen Brock.

Solo: "Carry Me Back to Old Virginia," by J. M. Bebee.

Reading by E. L. Whitney.

Duet: "Norma Darling," by Mrs. E. L. Whitney and W. H. Brock.

Solo: "Old Folks at Home," by James Gormley.

South Village

Mrs. Senter of Rutland, called on Mrs. Folia Gibson last week.

Harold Gennette is with his grandparents, Mr. and Mrs. Alex Brown.

Mrs. Geo. Livingston and Mrs. V. A. Nadeau were in Manchester, Monday.

Mrs. Folia Gibson is with her mother, Mrs. Maud Seymour, for a time.

Mr. and Mrs. Irving Fleming have moved from the South Village to the toll gate.

Miss Agnes Gormley spent Sunday and Monday with her mother at her home here.

J. O. Beland moved his family to Arlington this week where he has employment.

Mrs. V. A. Nadeau is spending a week in South Wallingford and Timmouth, visiting relatives.

Mr. and Mrs. George Peltier of St. Albans, have returned home after visiting her sister, Mrs. Wm. Moreau.

Mrs. Henry Gennette of Rutland, after visiting her parents, Mr. and Mrs. Alex Brown, returned home Monday.

Miss Mabel Rowell, who has been at the Orchard Park in Manchester the past season, is home in the South Village.

Mr. and Mrs. Jay Harrington left Friday on their wedding trip and will visit Granville, Poughkeepsie, Castleton, Middletown, and Rutland.

A surprise party was given Mrs. J. H. Nadeau last Friday evening. A most enjoyable time was participated in. The friends presented Mrs. Nadeau with a dainty and beautiful marmalade jar, spoon and cheese plate.

When baby suffers with croup, apply and give Dr. Thomas' Eclectic Oil at once. Safe for children. A little goes a long way. 25c and 50c. At all drug stores.

HOW EMERGENCY ROD SURGERY MAY HELP THE ANGLER.

It is well to have all your trout rods duplicates, with interchangeable parts. The tip is the most breakable part of the rod.

When the tip you are using is of doubtful integrity it is a good plan to carry an extra tip on your back, where it will be out of your way when you go upon the stream.

By tip is here meant the upper joint of the rod. The small metal tip at the end of the rod is another matter. Always carry two or three of these metal tips in your pocket so that you can easily replace a broken one.

By means of rude surgery you can generally mend a broken rod on the spot. Often the middle joint and not the tip will break.

When this happens apply a lighted match to the metal tip or ferrule that you wish to remove and heat it enough so that the broken piece will come out.

With your knife make a new seating on the broken end and crowd the ferrule or tip securely on.

For the repair you should have with you plenty of matches and a small piece of rod cement. Heat this with a match until it melts a little and smear it on the seating before forcing the ferrule or tip back. This will make the joint waterproof.

It is not often that such mendings are of permanent value, although they may serve for a brief period.

A rod so mended has a weak place and will soon come to grief.

For the proper making of these repairs you should also have with you a small pair of pocket pliers and a gimlet.

These may be very useful in getting the wood out of a ferrule, and pliers are the only efficient device for extracting porcupine quills out of a dog's nose.

You can never know when some overzealous dog who may be around camp will need this attention.

In putting a rod together it is a good plan to anoint the ferrules with a little grease. It makes them fit easier and keeps out the water. Mosquito dope will do for this.

If the joints fit too tightly the rod may be strained in taking it apart or putting it together.

TAKING HOT BATHS.

Why Harm May Come Through Bac Hygienic Methods.

"The majority of bathers undoubtedly do themselves more harm than good," said an English physician recently. "First let me tell you how I bathe myself—the ideal way. I have the bath filled, and when all is prepared I step into it straight from bed. Doubtless you put on a dressing gown, perhaps light a cigarette, lounge about your room, then stroll along a drafty corridor and get into the bath already chilled. When there you stay until your skin vessels are thoroughly relaxed by the heat and unable to react. Afterward you are surprised to find yourself chilly and depressed."

"Some men shave first. Let me advise you to do this after the bath, not before, and so avoid chilling. Not every one has his bathroom opening off from the bedroom or even next door, so in many cases it is wiser to take a sponge bath in your sleeping room and to get into it while the heat of the bed is still upon you. This should be the rule in all but the very hot months of the year."

"If you take a cold plunge bath stay in it only for ten seconds; then do not waste time drying yourself. Get on some clothes within three seconds after the bath. The weakest can take a cold bath with benefit in this way; the strongest will suffer in the ordinary way."

How to Curb Your Obesity and Become a Sylph.

We are all asking for diets and systems of exercises for reducing the weight, but it must be borne in mind that the reduction of weight must invariably be accompanied by a reduction in strength. This means that the woman who systematically enters upon a dietary, bathing and exercise system must give herself over to this entirely, for it will exhaust her strength if it removes the flesh. The woman who does her own housework or the woman who is in business must not undertake bathing, violent physical exercise or golfing and combine with these her regulation work. Physique and nerves cannot endure the strain. A breakdown is inevitable.

How to Clean Enamel Ware Without Becoming a Kitchen Slave.

Add two tablespoonfuls of soda to four quarts of water. Immerse the discolored utensils in the water and boil for half an hour; then scour them, using some of the soda water and a stiff brush. If the stains are persistent boil a second time and use sand with the soda water for the second scouring.

How to Remove Window Panes Without Smashing Them.

When a pane is to be removed from a window frame apply soft soap to the putty, which, however, hard, will become soft in a few hours. Then the putty may be scraped away with the blade of a knife and the glass removed without fear of breaking.

WAR'S EFFECT ON RUGS.

How the Price of Beautiful Floor Coverings Has Risen.

Said a rug expert recently:

"I should say offhand that about 20 per cent of the increase in rug prices is due to conditions in the dye trade, 40 per cent to the falling off in wool imports and 25 per cent to shortage of labor. The remaining 15 per cent may be accounted for by increased transportation charges and by the fact that the rug manufacturers, owing to the fluctuating conditions, are inclined to safeguard their own profits a little more closely than before the war."

"In general it is correct to say that the price of domestic rugs has advanced from 25 to 45 per cent over the prices that were asked before the European war began. Thus a Wilton that could be bought for \$90 a year and a half ago must now sell at \$75; an Axminster or Brussels or velvet rug that cost then \$27.50 must now sell for \$35 or \$40 and is expected to advance to \$45 in the near future."

"The most popular moderate priced rug at the present time is the Axminster. It is constantly gaining in popular favor over that old time favorite the Brussels rug, and some manufacturers have even discontinued their Brussels weaves. Of the Axminsters the Chinese patterns, these being duplicates of Chinese designs, are especially favorites. Different shades of blue, such as delft, indigo and the so called old blue shades, are considered the most desirable. The blue is generally in the groundwork. These Chinese designs were first put out in domestic rugs about three years ago and at once met with popular favor. Let me say that the housewife who is able to get a special priced, marked down rug is fortunate, for this means that she is getting a rug that has been for some time in stock and so is dyed in the safer dyes that were obtainable before the war. Carpet manufacturers have now warned all their customers that the dyes now used are more likely to mellow and weaken than those formerly used."

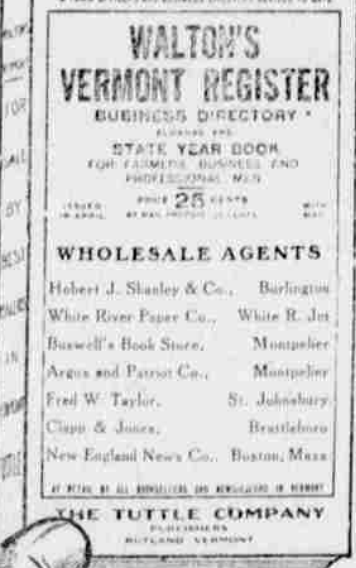
"In buying Axminster and velvet rugs of medium grades better service will be secured from the seamless rugs."

The Three Friends.

Answering the question, "Who were the 'three friends' mentioned by Whittier in his poem, 'Tent on the Beach,' written about 1887, the Philadelphia Press says:

"The 'lettered magnate lordling o'er an ever widening realm of books' is certainly James T. Fields, the poet-publisher and critic; the 'dream born' philosopher is supposed to be Ralph Waldo Emerson and by some Whittier himself, and 'one whose Arab face was tanned by tropic suns and boreal frost' is Bayard Taylor."

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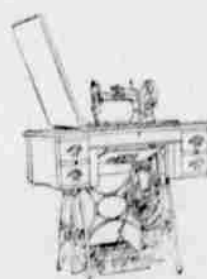
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